## **PARK@UR GENERATIONS** BOSTON



## SUMMER PARKOUR CLINICS

Join us for our movement clinics for a ton of fitness fun!

- Learn the basic safety skills and movement fundamentals of parkour!
- Explore your environment through movement challenges and games!
  - Develop physical strength, speed, agility while building selfconfidence through our guided parkour experiences.





**AGES: 7-13yo** 

LOCATION: The Dojo
@ Somernova, 15
Properzi Way,
Somerville (Union Sq)

PRIOR PARKOUR EXPERIENCE RECOMMENDED

**V**Q4



SCHOLARSHIPS &
SLIDING SCALE PRICING
AVAILABLE THANKS TO
OUR PARTNER:

