

# Home Visiting Programs Guide

2022



Developed by the  
**Cambridge Birth to Third Partnership**

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## HOME VISITING DURING COVID-19

The COVID-19 pandemic has significantly impacted so many, and has made home visiting very challenging. Although it has been an extremely difficult time, particularly for families with young children, home visiting can serve as a source of support.

Programs listed in this guide are offering programming in-person and/or remotely. Programs will work with each family to determine how best to meet individual needs, taking into consideration access to technology and other concerns and needs.

# HOW TO USE THIS GUIDE

Cambridge and Somerville have a variety of Home Visiting Programs that are designed to meet the different needs of families. This guide supports the process in finding the right match for families by providing a step by step process to partner with families in finding the best program for them.

## Benefits of a Home Visiting Program

Home Visiting Programs primary purpose is to support and encourage parents and caregivers, share information, and connect to resources in their home and/or convenient location.

### STEP 1: Share the benefits of engagement for families

Parenting can be challenging; we all need support. Support could take many forms. It could be a play group and connecting to the library. For others, it might be a one time home visit and connection to long term home visiting.

### STEP 2: Discuss when a Home Visiting Program would be helpful.

Ask the family questions about their transition to parenthood and pregnancy. While the parent is talking, actively listen to the needs of the family.

Listen for:

- General stress about being a new parent
- Concern about child's development
- Particular stressors like being a young parent, use or prior substance use, mental health challenges
- Significant financial struggles
- Challenges with how to relate to/play with/engage with child

### STEP 3: Suggest Programs

Use individual program descriptions to suggest programs that may support a family's current needs. It could make sense to refer families to more than one program. **Please note most of these programs are at no cost to families.**

### STEP 4: Follow-Up

When you refer a family to a program, follow-up on the referrals either with the provider or the family. This helps families navigate through any additional obstacles that may arise.

**Note, a release of information may be needed from the parent to refer them to a program.**

### Additional Support

We are happy to answer any questions, make corrections or talk over referrals. Thanks for all the hard work you do!

**Megan Postal, Birth to Third Grade Home Visiting**  
meganpostal@gmail.com

# TYPES OF HOME VISITING PROGRAMS

Use this glossary to determine which type of program matches best with the family.

## Prevention

### Comprehensive Parenting Family Support

**Time Period:** Can be short or long term.

**Staffed By:** Trained Home Visitors

**Focus:** Support families in child development, parenting skills, connection to beneficial services, and concrete support in times of need.

**Process:** Frequent home visits to work alongside the parent/family to achieve their goals.

### Literacy, Play and Early Learning

**Time Period:** Operates on the school calendar.

**Staffed By:** Trained Home Visitor

**Focus:** The primary focus is to support parents as the child's first and most enduring teacher.

**Process:** Home visitor shares with caregivers/families best practices that promote early learning. Visitors bring toys, books and other tools that engage parent and child in talking and playing.

### Universal One Time Visit

**Time Period:** One visit, but could include additional visit if needed.

**Staffed By:** Trained Home Visitors

**Focus:** Connect all families to community resources and share child development information.

**Process:** They bring a gift for the family to welcome them into the community, parenthood, and share resources available to them.

## Intervention

### Child at risk for developmental delay

**Time Period:** Can be short- or long-term depending on the need.

**Staffed By:** Licensed Clinicians (Physical Therapist, Occupational Therapist, Speech Language Pathologist, Mental Health Clinician, Nurse, etc.)

**Focus:** Support children and families where there is a delay in the child's development or enough stressors that it could affect a child's development.

**Process:** Partner with families to provide individualized support to manage challenges and promote development.

### Parent/Child Wellbeing

**Time Period:** Can be short- or long-term depending on the need.

**Staffed By:** Primarily by licensed clinicians (Physical Therapist, Occupational Therapist, Mental Health Clinician, Nurse, etc.) as well as doulas, breastfeeding counselors, and trained home visitors.

**Focus:** Supporting the family around specific health or wellness challenges

**Process:** Working in partnership with the family to provide wrap-around support to promote positive health behaviors and positive parent-child interactions.

## TYPES OF HOME VISITING PROGRAMS

The programs are categorized by the primary goal of the program. Most programs offer services in the other categories and can meet the varied needs of a family. A program could be a good fit for a family and not be in the category under their primary concern.



### Comprehensive Parenting/Family Support

- Healthy Families (1st Pregnancy, Parent Under 23)
- Riverside Early Head Start (Income Based)
- JF&CS-Visiting Moms

### Parent/Child Wellbeing

- CHA —Doula Program (CHA Only)
- JF&CS—Project NESST (Substance Abuse)
- JF&CS—Early Connections (Mental Health, Mom/Baby Attachment)
- Riverside Early Intervention Parenting Partnership (health, mental health, attachment)



### Universal One Time Visit

- Agenda for Children: Let's Talk (Cambridge)
- SomerBaby (Somerville)

### Comprehensive Parenting/Family Support

- Baby University (Cambridge, neighborhood based)
- Healthy Families (1st Pregnancy, Parent Under 23, Baby Under 1)
- JF&CS-Visiting Moms
- Riverside Early Head Start (Income Based)

### Child at risk for developmental delay

- JF&CS—Fragile Beginnings (Transitioning from Neo-Natal Intensive Care Unit)
- Riverside Early Intervention

### Parent/Child Wellbeing

- Center for Families (Cambridge)
- JF&CS—Project NESST (Substance Use/Exposure)
- JF&CS—Early Connections (Mental Health, Mom/Baby Attachment)
- Riverside Early Intervention Parenting Partnership (Before baby 2 months, health, mental health, attachment)



### Universal One time Visit

- Agenda for Children: Let's Talk (Cambridge)

### Comprehensive Parenting Family Support

- Baby University (Cambridge, neighborhood based)
- Riverside Early Head Start (Income Based, Up to Age 3)

### Child at risk for developmental delay

- Riverside Early Intervention (under 3)

### Literacy, Play, School Readiness

- Home Based Early Childhood Program (Cambridge, 18 Months and Up)
- Parent Child + (Somerville, 18 Months and Up)

### Parent/Child Wellbeing

- Center for Families (Cambridge)
- JF&CS—Project NESST (Substance Use/Exposure)
- JF&CS—Early Connections (Mental Health, Mom/Baby Attachment, under 3)
- Riverside Preschool Team (3 and Up, Child Behavioral Health Concern)

# NAVIGATING PROGRAM DESCRIPTIONS

The one-page description of each home visiting program provides the following information:

- ◆ **Program Focus:** Describes the content area and focus of the work.
- ◆ **Program Details:** Eligibility, number of visits offered, and length of visit.
- ◆ **Additional Offerings/Information:** What other services the program offers, and/or other things to note.

## Tips for Success

**Eligibility :** Use eligibility as the first filter for a referral. However, note that some of these programs have flexibility in who they can accept and others do not. Be familiar with these exceptions to best support families.

**Paint the Whole Picture:** Many programs have an array of offerings. For instance, some program's primary focus is comprehensive parenting and family support, but also offers workshops, field trips for the whole family, and father get-togethers. Share the primary focus of the program, with families, but tell them additional services maybe available.

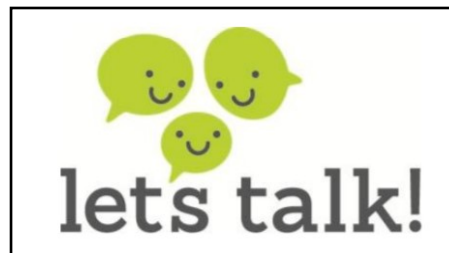
**What's Missing from this Guide?:** The list of programs in this Programs Guide may not be complete. Other home visiting programs or community based programs might work for the family with special circumstances.

## UNIVERSAL ONE TIME VISIT

### Agenda for Children Literacy Initiative/ Let's Talk!

Cambridge Public Health Department  
119 Windsor Street, 2nd Floor  
Cambridge, MA 02139

Web: [LetsTalkCambridge.org](http://LetsTalkCambridge.org) Facebook: Let's Talk Cambridge  
Twitter & Instagram: @LetsTalkCambMA



#### Primary Focus

- Support early brain development
- Promote language and reading development
- Referral to community resources
- Free books

#### Program Details

**Eligibility Requirements:** Open to all **Cambridge** families with children birth to 4 years old

**Location:** Home, other convenient location, remote

**Visit Frequency/length:** 1-2 visits total, 1-1.5 hours each visit

**Languages:** Have capacity to serve in many languages

**Cost:** No cost to families

#### Additional Offerings/Information

- Parent Workshops
- Playgroups
- StoryWalks
- Book Giveaways
- Programs for Dads
- Summer Book Bike

#### To schedule a visit:

**Contact: Jen Baily**  
**Phone: 617-800-9154**  
**Email: [jbaily@challiance.org](mailto:jbaily@challiance.org)**



## COMPREHENSIVE PARENTING and FAMILY SUPPORT

### Baby University

Center for Families/Cambridge DHSP  
51 Inman St  
Cambridge, MA 02139

Web: [cambridgema.gov/DHSP/programsforfamilies/babyuniversity](http://cambridgema.gov/DHSP/programsforfamilies/babyuniversity)  
Facebook: Baby U, Cambridge MA Twitter: @CambridgeDHSP



### Primary Focus

- Connect with other parents through a multi week parent education/support series
- Learn more about parenting topics, including: play, brain development, positive discipline, managing stress, and strengthening relationships
- Connect with other resources in Cambridge and help parents become better advocates for their children

### Program Details

**Eligibility Requirements:** Cambridge families with at least one child under 4 years old. Neighborhood based.

**Location:** Home, office, other convenient location, remote

**Visit Frequency/length:** 45—60 minutes, every 2 weeks for 4 months

**Languages:** Parent—Level 3 English, limited support in other languages

**Cost:** No cost to families

#### Additional Offerings/Information

- Continued connection with Baby U staff and other program graduates (alumni)
- Workshops, events and home visits for alumni families
- Programs for dads

#### To schedule a visit:

**Contact: Angela Conway**

**Phone: 617-349-6204**

**Email: [aconway@cambridgema.gov](mailto:aconway@cambridgema.gov)**

## PARENT/CHILD WELLBEING

### Center for Families

70 Ridge Avenue ( Peabody School)  
51 Inman Street (ground level) Cambridge, MA

Web: [Cambridgema.gov/dhsp/cff](http://Cambridgema.gov/dhsp/cff)

Facebook: [Center for Families](#) Twitter: [@cambridgeDHSP](#)



### Primary Focus

- Connecting families to community resources, including concrete supports in times of need
- Support families with new babies around attachment, bonding, soothing, and infant massage techniques
- Support families who have questions or concerns around child development, behavior or who are interested in participating in ASQ screening

### Program Details

**Eligibility Requirements:** Cambridge Resident, Prenatal - 5 years

**Location:** Home, other convenient location, remote

**Visit Frequency/length:** Varies, typically 1-5 visits depending on need

**Languages:** Have capacity to serve in many languages

**Cost:** No cost to families

#### Additional Offerings/Information

- Parent/child activities
- Parent education workshops
- Cambridge Dads
- Family Events
- Newsletter
- Families must have some risk, such as risk of postpartum depression (PPD), social isolation, or a need for general family support

#### To schedule a visit:

**Contact: Jen Cabezas**  
**Phone: 617-349-9169**  
**Email: [jcabezas@cambridgema.gov](mailto:jcabezas@cambridgema.gov)**

## PARENT/CHILD WELLBEING

### Cambridge Health Alliance Doula Program

Cambridge Health Alliance  
1493 Cambridge St  
Cambridge, MA 02139



Web: [challiance.org/cha-services/birth-center](http://challiance.org/cha-services/birth-center)  
Facebook: Cambridge Health Alliance  
Twitter: @CambridgeHealthAlliance

#### Primary Focus

- Support during pregnancy, birth, and postpartum
- Help women/families have a positive birth experience
- Promotes emotional and physical recovery from birth
- Feeding the newborn and mother and infant bonding

#### Program Details

**Eligibility Requirements:** Cambridge Health Alliance patient with a referral from a CHA provider, prenatal—baby 6 weeks old

**Location:** Home or remote

**Visit Frequency/length:** as needed and up to 6 weeks postpartum

**Languages:** capacity to serve in many languages

**Cost:** No cost to families

#### Additional Offerings/Information

- Check in for updates on in-person new parent and breastfeeding support groups

#### For questions or more information:

**Contact: Martine Dubuisson**  
**Phone: 617-665-1164**  
**Email: [mdubuisson@challiance.org](mailto:mdubuisson@challiance.org)**

## LITERACY, PLAY and EARLY LEARNING

### Home-Based Early Childhood Education Program

Cambridge Public Schools  
Haggerty School  
110 Cushing St  
Cambridge, MA 02139



ParentChild+  
Equal Possibilities From The Start



Web: [cpsd.us/departments/home\\_based\\_early\\_childhood\\_education\\_program](https://cpsd.us/departments/home_based_early_childhood_education_program)

#### Primary Focus

- Supports parent in their role as their child's first teacher
- Builds language and learning skills, a foundation for later reading success
- Builds on young children's natural interest in learning by promoting parent-child interaction and play
- Encourages parents to use everyday items and the world around them as learning opportunities

#### Program Details

**Eligibility Requirements:** Open to all **Cambridge** families with children between 18 months and 4 years old as of October of the current school year

**Location:** Home, other convenient location or remote

**Visit Frequency/length:** 1 hour weekly, for 2 school years

**Languages:** Have capacity to serve in many languages

**Cost:** No cost to families

#### Additional Offerings/Information

- Free books, educational toys and activities each visit
- Library visits
- Opportunities to meet with other families
- Field trips
- Monthly indoor/outdoor playgroups

#### To schedule a visit:

Joy Harper - 617-349-6724

tharper@cpsd.us

Or

Kumi Okabe - 617-349-6849

Kokabe-velasco@cpsd.us

## PARENT/CHILD WELLBEING

### Early Connections/ Conexiones Tempranas (EC/CT)

Jewish Family & Children's Services  
1430 Main St  
Waltham, MA 02151

Web: [jfcsboston.org/Our-Services/Center-for-Early-Relationship-Support/Early-Connections](https://jfcsboston.org/Our-Services/Center-for-Early-Relationship-Support/Early-Connections) Facebook: The Center for Early Relationship Support  
Twitter: @jfcsboston



#### Primary Focus

- Therapeutic service for mothers experiencing emotional difficulties during the transition to parenthood
- Specialized treatment, by clinicians trained in perinatal and infant mental health
- Help mothers feel more confident in their new relationship with their baby and to cope with the complex emotions that arise
- Supportive consistent relationship to move towards improved parental health and well-being

#### Program Details

**Eligibility Requirements:** Parents who have mental health needs, prenatal or parenting with a child up to 3 years old.

**Location:** Home, other convenient location, or remote

**Visit Frequency/length:** Weekly, 1 hour, until child turns 3, or 16 sessions occur, whichever comes first.

**Languages:** English and Spanish

**Cost:** Sliding scale fee, some insurances are accepted

#### Additional Offerings/Information

- Supports mothers struggling with postpartum depression and/or anxiety, or with feelings of disconnection from their baby, support families with babies who have early vulnerabilities or unusual fussiness
- Weekly support groups are offered

#### To schedule a visit:

**Contact: Sarah Nielsen**  
**Phone: 781-860-2195**  
**Email: [snielsen@jfcsboston.org](mailto:snielsen@jfcsboston.org)**

## CHILD AT RISK FOR DEVELOPMENTAL DELAY

### Fragile Beginnings

Jewish Family & Children's Services  
1430 Main St  
Waltham, MA 02151

Web: [jfcsboston.org/Our-Services/Center-for-Early-Relationship-Support/Oliver-Ian-and-Serenity-Wolk-Fragile-Beginnings](http://jfcsboston.org/Our-Services/Center-for-Early-Relationship-Support/Oliver-Ian-and-Serenity-Wolk-Fragile-Beginnings)  
Facebook: The Center for Early Relationship Support Twitter: @jfcsboston



### Primary Focus

- Emotional support for parents of premature infants and other babies who had a NICU stay
- Developmental guidance, connections to resources and connections to other families

### Program Details

**Eligibility Requirements:** Families whose babies, birth to 6 months, spent time in the NICU due to prematurity or other medical complications.

**Location:** Home, NICU, other convenient location, remote

**Visit Frequency/length:** weekly for 3-6 months

**Languages:** English

**Cost:** No cost to families

#### Additional Offerings/Information

- Zoom Support Group for parents whose baby has had a NICU stay. [Register](#) online.

#### To schedule a visit:

**Contact: Wendy Hurwitz**  
**Phone: 781-693-5623**  
**Email: [whurwitz@jfcsboston.org](mailto:whurwitz@jfcsboston.org)**

## COMPREHENSIVE PARENTING and FAMILY SUPPORT

### Healthy Families Central Middlesex

Jewish Family & Children's Services  
1430 Main St  
Waltham, MA 02151



Web: [jfcsboston.org/Our-Services/Center-for-Early-Relationship-Support/Healthy-Families](https://jfcsboston.org/Our-Services/Center-for-Early-Relationship-Support/Healthy-Families)

Facebook: [The Center for Early Relationship Support](#) Twitter: [@jfcsboston](#)

#### Primary Focus

- Pregnancy and parenting support, healthy child development, parental health and wellbeing, and parent-child relationships
- Work with each family to define their strengths and to set and achieve personal goals, learn about positive parenting, and work towards becoming the parent they want to be
- Connect to other resources to support the family

#### Program Details

**Eligibility Requirements:** First-time parents age 23 and younger; prenatal or parenting with a child less than 1 year old

**Location:** Home, other convenient location, remote

**Visit Frequency/length:** 1 hour weekly until the child turns 3

**Languages:** Spanish and English

**Cost:** No cost to families

#### Additional Offerings/Information

- Family outings/events
- Work with and support co-parents
- Parent support group series

#### To schedule a visit:

**Contact: Andrea Siani**  
**Phone: 781-693-1232**  
**Email: [Asiani@jfcsboston.org](mailto:Asiani@jfcsboston.org)**

## PARENT/CHILD WELLBEING

### Project NESST (Newborns Exposed to Substances: Support & Therapy)

Jewish Family & Children's Services  
1430 Main St  
Waltham, MA 02151

Web: [jfcsboston.org/Our-Services/Center-for-Early-Relationship-Support/Project-NESST](http://jfcsboston.org/Our-Services/Center-for-Early-Relationship-Support/Project-NESST)

Facebook: [The Center for Early Relationship Support](https://www.facebook.com/TheCenterforEarlyRelationshipSupport) Twitter: [@jfcsboston](https://twitter.com/jfcsboston)



#### Primary Focus

- Works with parents, caregivers, and infants to address the impact of substance use and trauma on parents' mental health, the early parent-child relationship, and infant development
- Flexible and individualized meetings to support physical and emotional health during pregnancy and after baby's born
- Support and case management services from a maternal recovery specialist who can offer connections to community resources, including recovery services

#### Program Details

**Eligibility Requirements:** Substance-exposed newborns and their families, prenatal to 3 years old

**Location:** Home, other convenient location or remote

**Visit Frequency/length:** Weekly, up to 36 months

**Languages:** English

**Cost:** No cost to families

#### Additional Offerings/Information

- Support during baby's hospital stay
- Consultation to address the baby's unique development, sleep, feeding needs, including calming and soothing strategies such as infant massage
- Clinicians are available to provide technical assistance and training to community partners

#### To schedule a visit:

**Contact: Central Intake**  
**Phone: 781-693-5006**  
**Email: [NESST@jfcsboston.org](mailto:NESST@jfcsboston.org)**



## COMPREHENSIVE PARENTING and FAMILY SUPPORT

### Visiting Moms

Jewish Family & Children's Services  
1430 Main St  
Waltham, MA 02151

Web: [jfcsboston.org/Our-Services/Center-for-Early-Relationship-Support/Lauren-Mark-Rubin-Visiting-Moms](https://jfcsboston.org/Our-Services/Center-for-Early-Relationship-Support/Lauren-Mark-Rubin-Visiting-Moms)

Facebook: The Center for Early

Relationship Support Twitter: @jfcsboston



### Primary Focus

- Trained volunteers support parents of newborns who are isolated, overwhelmed, or simply adjusting to parenthood
- Nurture the parent and promote healthy parent-baby connection through non-judgemental relationship

### Program Details

**Eligibility Requirements:** Pregnant or a family with a new baby up to 1 year old

**Location:** Home, other convenient location, remote

**Visit Frequency/length:** Typically weekly for 1 hour

**Languages:** English and Spanish available in some communities

**Cost:** No cost to families

#### Additional Offerings/Information

- Parent support groups through out greater Boston
- Other Early Relationship Support programs offered

#### To schedule a visit:

**Contact: Debbie Whitehill**

**Phone: 781-693-5625**

**Email: [dwhitehill@jfcsboston.org](mailto:dwhitehill@jfcsboston.org)**

## COMPREHENSIVE PARENTING and FAMILY SUPPORT

### Riverside Early Head Start

474 Broadway  
Somerville, MA 02145

Riverside Community Care®

Web: [riversidecc.org/child-family-services/early-childhood-services/early-head-start/](https://riversidecc.org/child-family-services/early-childhood-services/early-head-start/)

Facebook: [Riverside Community Care](#) Twitter: [@RiversideCCare](#)



#### Primary Focus

- Partner with parents to promote and support children’s healthy development
- Ensure appropriate learning environments and in-home activities which foster school readiness and achievement
- Support parents in their learning and discovery of new skills and parenting approaches
- Advocacy and support during perinatal period to ensure positive maternal and child health outcomes.

#### Program Details

**Eligibility Requirements:** Family income is either: below federal poverty guidelines, between 100-130% FPL, McKinney-Vento Homeless, or receiving TANF-SSI, Prenatal—3 years old

**Location:** Home, other convenient location, remote

**Visit Frequency/length:** 90 minutes, weekly for up to 3 years

**Languages:** Have capacity to serve in many languages

**Cost:** No cost to families

#### Additional Offerings/Information

- Monthly parent/child socialization groups
- Family events & trainings
- Family Policy Council
- Transitions to Head Start and other community child care providers
- Sensory, ASQ, and Mental Health screenings and referral

#### To schedule a visit:

**Phone:** 617-629-6652

**Email:** [earlyheadstart@riversidecc.org](mailto:earlyheadstart@riversidecc.org)

**Apply online:** <https://www.riversidecc.org/child-family-services/early-childhood-services/early-head-start/>

## CHILD AT RISK FOR DEVELOPMENTAL DELAY

### Riverside Early Intervention Program

12 Tyler St.  
Somerville, MA 02143

Riverside Community Care®

Web: [riversidecc.org/child-family-services/early-childhood-services/early-intervention/](https://riversidecc.org/child-family-services/early-childhood-services/early-intervention/)

Facebook: [Riverside Community Care](#) Twitter: [@RiversideCCare](#)

#### Primary Focus

- Assess child's development and parent wellness
- Partner with family building on culture & daily routines
- Individualized combination of supportive coaching, modeling, strategies, education, and hands-on treatment based on the child's and caregiver's preferences and learning needs
- Connection to community resources and programs
- Multi-disciplinary team includes R.N, physical therapists, occupational therapists, speech-language pathologists, developmental specialists, music therapists, mental health counselors and social workers

#### Program Details

**Eligibility Requirements:** Children, birth to 3 years old with an established developmental delay or at risk of one due to physical, socio-emotional and environmental factors

**Location:** Home, other convenient location or remote

**Visit Frequency/length:** Frequency determined by need and caregiver preference, from several times a week to monthly. Length of service: up to the child's third birthday

**Languages:** Can change based on staffing. Currently speak Spanish, Portuguese, French, Mandarin, Cantonese, and Hebrew. Hire translators for other languages

**Cost:** No cost to families

#### Additional Offerings/Information

- Parent support groups (some open to community members not enrolled in EI)
- Parent-child playgroups (open to community members not enrolled in EI)
  - Infant massage
  - Rainbow Dance and Music & Movement
  - Feeding
  - Complex Medical Needs

#### To schedule a visit:

Phone: 617-702-5755

Email:

[cambsomeireferrals@riversidecc.org](mailto:cambsomeireferrals@riversidecc.org)

## PARENT/CHILD WELLBEING

### Early Intervention Parenting Partnerships (EIPP)

Riverside Community Care  
12 Tyler St.  
Somerville, MA 02143

Riverside Community Care®

Web: [riversidecc.org/child-family-services/early-childhood-services/early-intervention/](https://riversidecc.org/child-family-services/early-childhood-services/early-intervention/)

Facebook: [Riverside Community Care](#) Twitter: [@RiversideCCare](#)

#### Primary Focus

- Identify and reduce stressors to promote healthy pregnancy and infant development
- Secure attachment in the mother-baby dyad
- Promote maternal knowledge and confidence
- Connection to community resources and programs
- Multi-disciplinary team includes maternal child health R.N., mental health clinicians, community health worker, certified lactation consultant, and nutritionist

#### Program Details

**Eligibility Requirements:** Pregnant or postpartum women with children under 2 months old with high level of stress, mental health concerns, substance use, insecure housing, food or clothing, high risk pregnancy, lack of prenatal care, poor previous birth outcomes, hepatitis B positive. If you are worried about a mom get in touch!

**Location:** Home, other convenient location or remote

**Visit Frequency/length:** Frequency determined by need and caregiver preference, from several times a week to monthly. Length of service: until the child's first birthday

**Languages:** Can change based on staffing. Currently speak Spanish, Portuguese, and French. Hire translators for other languages

**Cost:** Services provided at no cost to families

#### Additional Offerings/Information

- Groups for moms and babies
- Connection to our EI program with continuity of care

#### To schedule a visit:

Contact: Kathryn Killoran

Phone: 617-755-3071

Email: [eippreferrals@riversidecc.org](mailto:eippreferrals@riversidecc.org)

## PARENT/CHILD WELLBEING

### Riverside Preschool Team

111 South St  
Somerville, MA 02143

**Riverside Community Care®**

Web: [riversidecc.org/child-family-services/early-childhood-services/preschool-team/](https://riversidecc.org/child-family-services/early-childhood-services/preschool-team/)

Facebook: [Riverside Community Care](#) Twitter: [@RiversideCCare](#)

#### Primary Focus

- In-home therapeutic services to address emotional and behavioral difficulties of young children
- Clinicians partner with caregivers to provide personalized services to promote child's healthy behaviors at home, school and in the community and improve family dynamics
- Clinical assessment and treatment to address challenges related to child's development

#### Program Details

*HV Eligibility Requirements:* Mass Health Insurance coverage. Cambridge/Somerville residents (some surrounding towns also) Must meet medical necessity, children 3-6 years old

*Location:* Home, our office, other convenient location or remote

*Visit Frequency/length:* Weekly, as needed/length determined by medical necessity

*Languages:* Varies, English, Spanish, Haitian Creole and Portuguese

*Fee:* Covered by Mass Health insurance

#### Additional Offerings/Information

- Children struggling with attachment, anxiety, depression, death of a loved one, difficult school behaviors, trauma, oppositional and aggressive outbursts, separation and divorce of caregivers are some typical treatment areas

#### To schedule a visit:

**Phone: 617-284-5131**

**Email: [emazza@riversidecc.org](mailto:emazza@riversidecc.org)**

## LITERACY, PLAY and EARLY LEARNING

### Parent Child Plus

(Formerly known as Parent Child Home Program- PCHP)

8 Bonair Street  
Somerville MA 02145

Web: [somerville.k12.ma.us/families](http://somerville.k12.ma.us/families)

Facebook: Somerville Public Schools

Twitter: @SvilleSchools

**ParentChild+**  
Equal Possibilities From The Start



### Primary Focus

- Supporting parents in their role as the child's first teacher
- Promote language, literacy development, and school readiness
- Build on young children's natural interest in learning by promoting parent-child interaction and play, and by encouraging parents to use everyday items and the world around them as learning tools

### Program Details

**Eligibility Requirements:** Open to all **Somerville** families with children 12 months to 3.5 years old. Priority populations families facing poverty, language barriers and other obstacles to school success

**Location:** Home, other convenient location or remote

**Visit Frequency/length:** The visits are a half-hour, 2 x week, for 2 program cycles

**Languages:** English, Spanish, Portuguese and other languages as needed

**Cost:** No cost to families

#### Additional Offerings/Information

- SomerBaby Home Visits
- Parent Support Groups
- Ages and Stages Developmental Screenings
- SFLC Playgroups
- Family events, workshops and activities

#### To schedule a visit:

**Contact: Fernanda Villar**  
**Phone: (617) 625-6600 x 6992**  
**Email: [fvillar@k12.somerville.ma.us](mailto:fvillar@k12.somerville.ma.us)**

## UNIVERSAL ONE TIME VISIT

### SomerBaby

42 Prescott Street  
Somerville MA 02143

Web: [somerville.k12.ma.us/somerbaby](http://somerville.k12.ma.us/somerbaby)

Facebook: [Somerville Public Schools](#)

Twitter: [@SvilleSchools](#)



### Primary Focus

- SomerBaby is a universal one-time Home Visiting program to welcome all families with newborns to Somerville
- Families receive a beautiful SomerBaby bag filled with special gifts and resources for baby and family
- Home Visitors share information about literacy, child development, community resources, activities and events
- SomerBaby is a central point of entry for families to access Somerville services

### Program Details

**Eligibility Requirements:** Open to all **Somerville** families with children birth to 12 months old

**Location:** Home, other convenient location or remote

**Visit Frequency/length:** 1 time, 1 hours visit with follow-up

**Languages:** English, Spanish, Portuguese and other languages as needed

**Cost:** No cost to families

#### Additional Offerings/Information

- Parent Support Groups
- Parent-Child Plus Early Literacy Home Visiting Program
- Playgroups
- Ages and Stages Developmental Screenings
- Family events, workshops and activities

#### To schedule a visit:

**Contact: Flor Apolaya**

**Phone: (617) 625-6600 X 6702**

**Email: [fapolaya@k12.somerville.ma.us](mailto:fapolaya@k12.somerville.ma.us)**

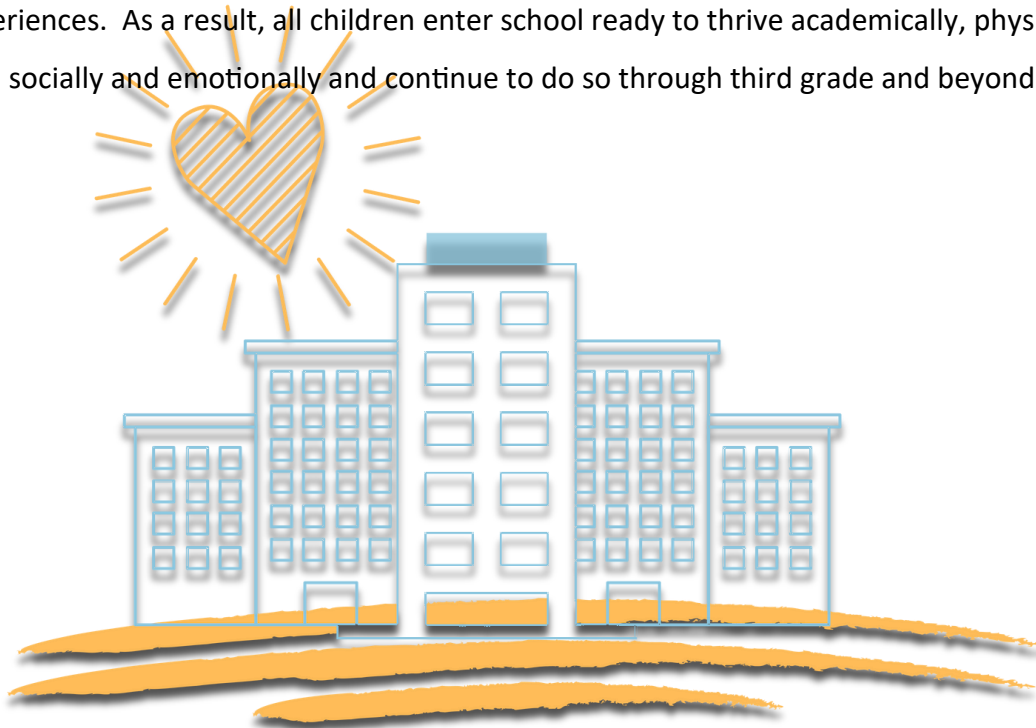
# The Birth to Third Grade Partnership

## Our Mission

to **connect** the Cambridge early childhood ecosystem;  
to **align** early childhood services and information;  
to **advocate** for and **advance** the needs of all young children, their families, and the early childhood workforce.

## Our Vision

Every child and family in Cambridge has access to high quality early care and education experiences. As a result, all children enter school ready to thrive academically, physically, socially and emotionally and continue to do so through third grade and beyond.



## FIND US AT:

<https://www.cpsd.us/departments/b3>

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