



Cambridge Senior Center (806 Mass. Ave.)

Fitness Classes



# *Line Dancing*

**Mondays,  
6 – 7 p.m.**

**Hybrid**

Easy to learn and fun to dance! This class will teach you the basics of line dancing as well as newer and more established line dances. Have fun, learn new dances, and enjoy the company of others. A great class to make new friends.

**Please remember to bring your water bottle.**

*Always consult your physician before beginning any exercise program.*

**To register, call the Council on Aging at 617-349-6220.**



**This program is for ages 60 years and older.**

Cambridge Senior Center

806 Massachusetts Avenue, Cambridge, MA 02139

[www.cambridgema.gov/CouncilOnAging](http://www.cambridgema.gov/CouncilOnAging) • 617-349-6220